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STRATEGY SET BY FAITH - ANALYZING THE MARKETING CONCEPTS OF COMMUNITIES DEVOTED TO KRISHNA CONSCIOUSNESS IN EUROPE

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1. Introduction

Krishna consciousness was one of those new religious movements, which conquered the Western world around the 1960's. Originating from India, the religious movement had reached the United States of America during the era of the Vietnamese War, spreading all over Europe as well during and after the Communist Era. After the fall of Communism in Eastern-Europe, and the consolidation of the post-World War II. situation, when practicing religions had become more free and new religious movements could also gain more place in the life of most of the European countries, Krishna consciousness was one of the first ones to spread; and soon communities started to form all over the continent (Harvey, 2000; Isvara, 2002; Kamarás, 1998; Klostermaier, 2000; Rochford, 2007).

Also, Krishna consciousness was – and still is – one of the best known religions of their promotional activities, which were initiated by people stopping pedestrians on the streets, telling them all about the teachings of their Lord Krishna. Nowadays ISKCON (International Society for Krishna Consciousness) has numerous churches, villages and visitors' centers all over the world, hosting a large number of festivals, and engaging themselves in charitable activities, while communicating actively online and using the social media. Being are able to raise the attention of more and more people in countries far away from India, having barely no cultural similarities with this Eastern country and its traditions is an achievement suggesting a carefully set strategy of reaching and targeting people, which has received surprisingly small attention in the past decades. (Bence, 2014; Goswami, 2001; Harvey, 2000; Isvara, 2002; Kamarás, 1998; Klostermaier, 2000; Rochford, 2007; Wuaku, 2012).

2. Aims of the dissertation

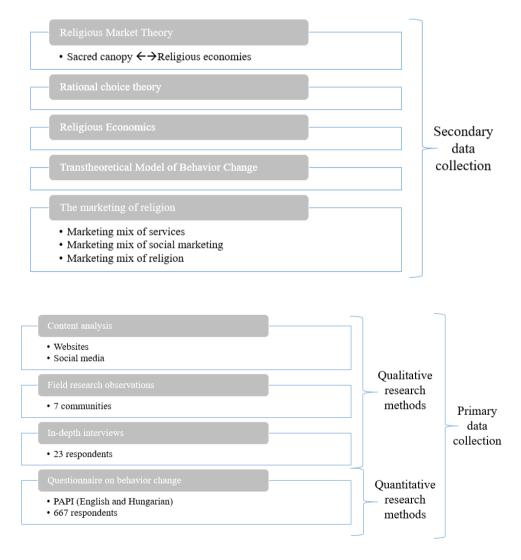
Since the amount of research existing on the marketing activities and strategies of the different religious communities is limited, the primary aim of this research is to start filling this gap by carrying out an exploratory analysis on the marketing activities of a new religious movement, Krishna Consciousness on the European continent.; with a goal of discovering and analyzing any existing strategies applied by marketers of the religion. To achieve this, four goals have been determined to be realized by the end of the research:

- G1: Determining the marketing mix of the Krishna-conscious communities of Europe
- G2: Examining the effects of Krishna-conscious farming communities in Europe appearing as touristic destinations on the behavior of people getting acquainted with them
- G3: Analyzing the reach of promotion tools applied by Krishnaconscious communities of Europe among the visitors of the farming communities as touristic destinations
- G4: Identifying and analyzing the behavior changes implied by the marketing activities of Krishna-conscious communities of Europe with the help of the Transtheoretical Model of Behavior Change
 - ➡ H1: The Transtheoretical Model of Behavior Change is applicable to analyze behavior changes concerning religion
 - → H2: Promotion tools match the different stages of behavior change
 - H3: There is a relationship between the promotion tools applied and the behavior changes

3. Material and methodology

Figure 1 shows the progress of the research, introducing how one research method and its results have led to the other. Following the initial secondary research focusing on the evolution of religious marketing and the theories I also analyzed religious markets and the market decisions taken, then examined the theory on a living religious marketing example of Krishna Consciousness.

Figure 1 – Progress of the research



The primary data collection phase was made up of a combination of qualitative and quantitative research methods due to the exploratory manner of the research:

- First of all online content analysis was carried out including the central sites of ISKCON websites and social media sites of Krishna-conscious communities of Europe in order to identify and localize the most important institutions of the religion and their marketing activities.
- After identifying the most important drivers of the marketing activities

 rural and farming communities field research observations were
 carried out in seven communities of six countries (Hungary, Belgium United Kingdom, Czech Republic, Sweden and Germany) to analyze and compare their rural communities and understand their functions.
- Twenty-three in-depth interviews were carried out in the seven communities involving devotees responsible for management, tourism and marketing to clarify and further evolve the most important findings of the content analyses and field researches.
- With the help of the findings of the qualitative research phase, a questionnaire was formed to gather information concerning the exposure of the visitors of the rural communities to the different promotion tools applied and the level of the respondents' involvement in the life and activities of the Krishna-conscious community. 667 valid responses have arrived in English and Hungarian in paper-and-pencil format, thanks to the support of the seven communities. The data were analyzed using SPSS 21.0 statistical software, applying a set of different methods to discover the relationship between the variables:
 - Factor analysis (Varimax rotation with Kaiser Normalization., using Kaiser-Meyer-Olkin and Bartlett Tests to evaluate suitability for analysis and Cronbach's Alpha test of reliability)

- to find the factors describing exposure to the different promotion tools and behavior changes of the respondents.
- Welch ANOVA analysis of variance and Games-Howell post hoc tests to identify the differences in the means of the different groups considering further demographic characteristics.
- The relationship between the factors describing exposure to promotion tools and behavior changes were analyzed using Pearson correlation coefficients.
- Following the quantitative research phase, when necessary, clarifying
 interviews were made with the respondents of the first interviews to
 discuss and clarify the information gathered.

4. Research results and evaluation

4.1. The marketing model of Krishna-conscious communities in Europe

After carefully analyzing the methods devotees use to promote the religion, it became clear that some things have not changed in the past decades: the traditional way of promoting the religion was proselytizing to people on the streets and selling books, ever since the appearance of the religion in the Western World in the 1960's (Kamarás, 1998; Wuaku, 2012). However, marketing and technology have developed a lot in the past fifty years, and people devoted to Krishna Consciousness consciously apply numerous new methods in order to fulfill the most important goal set by their spiritual leaders: to spread the teachings of Krishna.

Nowadays we can distinguish four different types of institutions, which are responsible for the majority of the marketing activities related to Krishna Consciousness in Europe:

- temples or centers
- rural or farming communities
- educational centers
- restaurants (ISKCON, 2019, ISKCON Desire Tree, 2019).

Analyzing the promotional activities of Krishna Conscious communities of Europe a new model was discovered, in which the national communities initiate their activities of promoting the religion by creating a touristic product in the form of a farming or rural community. The other three types of institutions operated by the Krishna-conscious organizations – temples and centers, educational institutions and restaurants – focus their promotional activities on people, who are already acquainted and possibly engaged with the religion, while the promotion of farming and rural communities focuses on the newcomer audiences mainly.

Since religions are highly bound by religious economics – meaning that the activities they carry out are highly determined by the principles of the religion –, creating the touristic product is a good mean of overcoming the limitations and achieving more freedom in the marketing mix. Numerous researchers have suggested the use of the marketing mix of services (7P) in order to analyze religious marketing, however, when marketing a religion applying the marketing mix of services marketing, six out of the 7Ps are mainly determined by the religion, leaving the marketers freedom only in terms of promotion. On the other hand, by creating the touristic product, the religion will only influence, but not so strongly restrict the marketing mix elements.

Table 1 introduces the effects the shift of the product from religion to tourism implies in each element of the marketing mix: the factors underlined remain influenced by the religion, while in all the other elements the freedom became much higher.

Table 1 – The changes in the marketing mix by shifting the product from religion to touristic destination (Source: own edition)

| | Religion | Touristic destination | |
|-------------------|------------------------------|---------------------------------|--|
| Product | Set of beliefs, afterlife | Complex cultural | |
| | benefits | experience | |
| Price | Lifestyle changes | Opportunity cost | |
| | | Entry/tour guiding fee | |
| | | Meal prices | |
| | | Guest house prices | |
| | | Prices of workshops | |
| | | Product prices | |
| Place | Temples and gathering | Tourist attraction of high | |
| | points | reputation | |
| | Peaceful places suitable for | The place to get acquainted | |
| | retreat | with Krishna Consciousness | |
| | | An opportunity for outsiders | |
| | | to get an insight | |
| Promotion | Proselytizing on the streets | Online marketing | |
| | Via the rural communities | Tourism agencies | |
| | | PR | |
| People | Behavioral patterns set by | Behavioral patterns set by | |
| | religion | <u>religion</u> | |
| | Aiming to transmit the | Aiming to transmit the | |
| | knowledge about their | knowledge about their | |
| | religion | <u>religion</u> | |
| | | Fulfilling tourism-implied | |
| | | duties | |
| | | Ensuring positive customer | |
| | | experience | |
| Process | Rituals guided by religious | Rituals guided by religious | |
| | principles | principles BUT made open | |
| | | for the public | |
| | | Additional processes to | |
| | | fulfil customer needs | |
| Physical evidence | Following Indian traditions | Following Indian traditions | |
| | | BUT adapting to local | |
| | | culture | |
| | | Additional facilities to fulfil | |
| | | customer needs | |

This model may be found in all the six countries participating in the research; and in three of them the model is already working successfully, while four

smaller communities examined regard the three successful larger ones as role models for their progress. The farming communities of Hungary, Belgium and the United Kingdom offer visitors a complex touristic product, which serves the dual aim of providing a rich cultural experience to the visitors and transmitting knowledge about the religion.

4.2. Tools promoting Krishna Consciousness in Europe

The management of the farming communities – both the larger and the smaller ones – apply a wide range of promotion tools in order to attract visitors to their touristic destinations, where they gain the opportunity to educate the public about Krishna Consciousness in the forms of visitor experiences. The second phase of the research focused on these tools and the exposure of the visitors to them.

In terms of first encounters with the religion the most important means of promotion were the personal contact points, which included proselytizing activities of devotees – but also the word-of-mouth, which is a tool that cannot be controlled by the religious communities directly. However, the positive effects of the word-of-mouth may be efficiently boosted by increasing the number of visitors in the rural communities and ensuring their positive experiences.

Social media, though not so outstanding in terms of first encounters, turned out to be an important promotion tool in the longer run; Facebook pages were marked as a repeated source of information concerning Krishna Consciousness by the most respondents.

Concerning further, continuous communication with the potential followers, the promotion tools applied by Krishna-conscious communities can be divided into four factors based on their main target groups:

• Retaining existing audience – other institutions and retention

- Confirming existing audience Social media of the farming communities
- Attracting new, interested audience Traditional promotional methods
- Raising the attention of new audience Touristic and physical products

The quantitative research has shown that at the moment most of the visitors of the rural communities participating in the research are exposed to the tools attracting new, interested audiences most frequently, which include fliers, posters and devotees proselytizing on the streets. Concerning frequency of exposure the second highest ranked group of promotion tools were the means of confirming existing audience, including the social media tools applied by the rural communities. Even fewer are exposed to those tools dedicated for retaining existing audience, which implies that more emphasis should be put on engaging those, who have already got acquainted and probably interested in the religion. On the other hand, since at this level the product shifts back from touristic to religious, we need to admit that it is a natural phenomenon that the number of positive replies decreases. Also, the level of involvement in the religion each promotion tool requires from the target group is increasing; the observed price of remaining involved is higher, which again could be a reason for the lower number of positive replies. Since it is not the touristic product, which is in the focus anymore, the other institutions ran by the religious community gain higher importance in retention too, offering catering opportunities and education to those, who have started to get engaged in the Krishna-conscious lifestyle.

The level of exposure to the promotion tools aiming to raise the attention of new audiences was also low, however, being exposed to these tools does not necessarily mean that they visit the farming communities as well; which explains the seemingly low level of success of these means of promotion – many of those receiving information via these channels may not have decided to visit; yet their attention could have already been raised, but these people are out of reach of the current research.

As Table 2 shows, there were significant differences in the exposure to the different sets of promotional activities concerning numerous demographic characteristics. The analyses have shown that the respondents between 26 and 55 years are the groups most exposed to the first three factors (retention, confirmation and attracting new audiences), while the exposure of those 56 years and older is generally low. In terms of retention and attracting new audiences there were differences concerning education as well: those with university degrees were the most often exposed to these information sources. In line with the age groups, concerning occupation, pensioners were those, who met the tools of the first three factors the least often, while – consonant with the data gained from education – white-collar workers were the cluster of highest exposure. Tools attracting new audiences have reached more respondents in the capital, than in regional centers and other towns or cities. The tests were carried out both including and excluding the respondents already engaged in Krishna Consciousness, therefore the KR denomination in Table 2 represents those cases, where significant differences occurred only before excluding respondents devoted to Krishna Consciousness. The results have shown that devotees of Krishna Consciousness were significantly more exposed to tools of retention and confirmation but also partially to raising the attention of new audiences, which can mainly be attributed to the product sales of farming communities. An interesting phenomenon shown by the research was that while respondents belonging to Christianity were less exposed to the retention tools, they were more exposed to the means of raising attention than the mean of the whole sample.

Table 2 – The relationship between the exposure to promotion tools and demographic characteristics

| Promotion tools | Demographic characteristics |
|---|---------------------------------------|
| Retaining existing audience – other | Age (p=0,000) |
| institutions and retention | Education (p=0,011) |
| | Occupation (p=0,000; p=0,001) |
| | Place of living (p=0,000; p=0,103) KR |
| | Religion (p=0,000; p=0,090) |
| Confirming existing audience – Social | Age (p=0,000) |
| media of the farming communities | Occupation (p=0,000; p=0,000) |
| | Religion (p=0,004; p=0,072) KR |
| Attracting new, interested audience - | Age (p=0,000) |
| Traditional promotional methods | Education (p=0,001) |
| | Occupation (p=0,049; p=0,082) KR |
| | Place of living (p=0,021; p=0,019) |
| Raising the attention of new audience – | Religion (p=0,018; p=0,034) |
| Touristic and physical products | |

4.3.Behavior changes concerning Krishna Consciousness among the visitors of rural communities

During the analysis of the behaviors of the respondents regarding Krishna Consciousness H1 hypothesis was confirmed; the Transtheoretical Model of Behavior Change may be applied not only to measure the changes in individuals' behavior concerning addictions and health behaviors, but also engagement to a religious community. The activities taken by the respondents could be categorized into four groups based on the level of active participation in the life of the religion, which could be matched to four out of the five stages of the Transtheoretical Model of Behavior Change. The first stage, Precontemplation was missing, since the data were collected among the visitors of seven Krishna-conscious communities in Europe, therefore have already expressed their interests towards the religion, while Precontemplation is the phase where the subjects do not have any interests and possibly not even knowledge about the behavior changes, which could be made. This is why it is important to target these audiences with the help of the promotion tools raising

attention and attracting people, who are interested to visit the rural communities. Precontemplation phase however could also be examined via discovering, which were the first contact points of the respondents with the religion. Here we can see that tools of attracting new, interested audiences were marked by the most respondents as the first channels of getting acquainted with the religions, which accounts of their success. However, promotion tools dedicated to raise the attention of those not having knowledge about the religion were marked being exposed to frequently by a small group of respondents only, which shows that there is space for improvement at this stage.

Contemplation however has already appeared among the respondents, including activities primarily focusing on the touristic product of farming communities, such as information seeking, visiting and remaining informed about the community. Since the initial relationship has already been established, in this phase all the elements of the marketing mix of the touristic product gain importance to be able to provide a complex cultural experience, which may be crucial in terms of future contact with the religion. Here religions may utilize the positive effects of shifting the product to tourism, therefore being able to work with a much wider set of toolbar. Following the visit, the most important goal of marketers in the Contemplation phase is to confirm the audiences and keep them in connection with the religious community. At this stage they are going to return to focusing on promotion tools only, since other elements of the marketing mix are heavily determined by religious economics. Tools of retention – especially different forms of education are already starting to be important at this stage, but their importance further increases as the people step into the phase of Preparation, where they already take actions and make modifications in their lifestyle, therefore start to get actively involved in the religion. At the level of Preparation it is not the touristic product, what is in the focus anymore, therefore the perceived price of involvement – which was decreased by the touristic product – is starting to increase again, requiring more sacrifices from the individuals.

As Table 3 shows, at these stages – Contemplation and Preparation – there are numerous demographic characteristics, which influence the actions the individuals are going to take. Respondents between 26 and 55 years are the most active in terms of behavior change; especially blue- and white-collar workers. Visitors of 56 years or older, and pensioners in general were less active in changing their behavior, they usually remain only tourists, but do not become more involved. Those with a higher level of education – university degrees – are more likely to reach also the level of Preparation and take actions to become parts of the religious community; starting over primarily with changes in nutritional patterns and engaging in a vegetarian or vegan lifestyle.

Table 3 – The relationship between the stages of behavior change and demographic characteristics

| Stage of behavior change | Demographic characteristics | |
|--------------------------|---------------------------------------|--|
| Contemplation | Age (p=0,000) | |
| | Occupation (p=0,000; p=0,000) | |
| | Religion (p=0,000; p=0,101) KR | |
| Preparation | Gender (p=0,006) | |
| | Age (p=0,000) | |
| | Education (p=0,000) | |
| | Occupation (p=0,000; p=0,000) | |
| | Place of living (p=0,000; p=0,001) | |
| | Income level (p=0,000) | |
| | Religion (p=0,000; p=0,002) | |
| Action | Occupation (p=0,000; p=0,170) KR | |
| | Place of living (p=0,000; p=0,426) KR | |
| | Religion (p=0,001; p=0,864) KR | |
| Maintenance | - | |

It is going to be however a demographically heterogeneous group, which may achieve a level of Action, where visible actions are taken, showing that the individuals are parts of the Krishna-conscious community, such as wearing traditional Indian dresses and attending temples regularly. At this stage the perceived price of the religion becomes the focal point again and by reaching this level individuals have accepted most – but in many cases not all – of the prices required by the religion to remain an active member. The only common characteristic of the respondents at this stage was their religious belonging; and the importance of retention tools started decreasing; leaving it for the power of the community and one's own determination to keep people involved. However, dropout rates are higher at this level, even after several years, which means that several members never really achieve the stage of Maintenance. Dropout is still possible at this level, and certain retention tools exist to prevent this, but their influences are not so strong. On the other hand informal means of retention exist, but they are less measurable and less visibly communicated to people involved in the religion, which may decrease their efficiency in retention.

These research results have shown H2 to be confirmed as well; the different sets of promotion tools may be linked to the stages of behavior change, as Table 4 shows.

Table 4 – The relationship between promotion tools and the stages of behavior change (Source: own edition)

| Stage of behavior change | Promotion tools |
|--------------------------|---|
| Precontemplation | Raising the attention of new audience – Touristic and physical products Attracting new, interested audience – Traditional promotional methods |
| Contemplation | Confirming existing audience – Social media of the farming communities |
| Preparation | Confirming existing audience – Social media of the farming communities Retaining existing audience – other institutions and retention |
| Action | Retaining existing audience – other institutions and retention |
| Maintenance | Retaining existing audience – other institutions and retention |

4.4. The relationship between promotion tools and behavior changes

After analyzing the groups of promotion tools applied and the behavior changes taken by the respondents, relationship between the two sets of factors could be assumed, which lead to the formulation of the hypothesis:

■ H3: There is a relationship between the promotion tools applied and the behavior changes

As seen in Table 5, the hypothesis was confirmed in four cases, strong correlation was found between the promotion tools confirming existing audiences and the stage of Contemplation and moderate correlations concerning the tools of retaining existing audiences and Preparation, Action and Maintenance. The hypothesis was rejected regarding the correlation between confirming existing audiences and the Preparation phase, where no significant relationship was shown in this case. However, new relationships were detected too; means of retention may already take their effect in the stage of Contemplation and – interestingly – certain elements of the methods raising the attention of new audiences gain importance on the level of Action and Maintenance too, which may be attributed to vegetarian and vegan products distributed by Krishna-conscious communities. In the table confirmed relationships are marked by a tick, while X represent those occasions, where no significant relationships were observed. The relationships marked with exclamation mark are those cases, where relationship was not assumed, yet significant correlation was discovered between the variables.

Table 5 – The relationship between the stages of behavior change and exposure to the different promotion tools

| Stage of behavior change | Promotion tools | Pearson correlation coefficient | Significance level | Confirmed ? |
|--|---|---------------------------------------|-----------------------|-------------|
| Precontemplation | Raising the attention of new audience – Touristic and physical products | No data available | | X |
| Attracting new, interested audience — Traditional promotional methods | | No data availa | able | X |
| Contemplation | Confirming existing audience – Social media of the farming communities | 0,764 | 0,000 | √ |
| | Retaining existing audience – other institutions and retention | 0,233 | 0,000 | ! |
| Preparation | Confirming existing audience – Social media of the farming communities | 0,043 | 0,344 | X |
| | Retaining existing audience – other institutions and retention | 0,488 | 0,000 | ✓ |
| Action | Raising the attention of new audience – Touristic and physical products | 0,204 | 0,000 | ! |
| | Retaining existing audience – other institutions and retention | 0,281 | 0,000 | ✓ |
| Maintenance | Raising the attention of new audience – Touristic and physical products | 0,347 | 0,000 | ! |
| | Retaining existing audience – other | 0,373 | 0,000 | ✓ |

| institutions | and | | |
|--------------|-----|--|--|
| retention | | | |

4.5. Types of tourists visiting communities devoted to Krishna Consciousness

As seen in Table 6, the analyses have shown that most of the tourists arriving to communities devoted to Krishna Consciousness are non-religiously motivated, generally in the Contemplation phase; and only a small proportion of the visitors arrive for religious reasons or are in the phases of Preparation and Action; which confirms the need for rural communities as a first stage of marketing the religion, providing information and aiming to direct visitors towards further stages of behavior change.

Table 6 – Types of tourists visiting communities devoted to Krishna Consciousness (N=508, missing: 159)

| Cluster 1 (N=410; 60.56%) | Cluster 2 (N=98; 14,48%) | |
|---|--|--|
| Non-religiously motivated tourists Cultural tourism, Tourism of religious places (Santos, 2000) Accidental, General, Interested tourists (Griffin & Raj, 2019) | Religiously motivated tourists Festivals, Religious tourism, Pilgrimage (Santos, 2000) Scholarly, Fervent tourists (Griffin & Raj, 2019) | |
| Contemplation phase dominant touristic focus information seeking activities Facebook pages decisively inactive in further | Preparation and Action phase dominant | |
| actions | using the Hare Krishna mantra | |
| Exposure to promotion tools attracting and confirming new, interested audience | Exposure to promotion tools of confirmation and retention • Facebook pages • Newsletter • generally rarely or never exposed to most other tools | |
| Demographic characteristics 56 to 75 years pensioners Christians | Demographic characteristics 26 to 55 years blue collar workers and employees of Krishna-conscious farming communities Krishna-believers | |

(Source: own edition based on Griffin & Raj (2019); Newcomb (2017);

Prochaska & Velicer (1997); Santos (2000); University of Maryland (2020))

5. Proposals and recommendations

R1: Evaluating the research results we could see that the Transtheoretical Model of Behavior Change can provide guidelines for scheduling and organizing the marketing activities to reach higher efficiency – but to achieve this it is crucial to know the current and potential audiences and to be able to identify which stage of change they are currently in. This may be realized with the help of statistics Krishna-conscious communities possess on the behaviors of their active members, but also by observations and researches via questionnaires among the members. In countries, where farming communities exist, their visitors are also an important pool for carrying out such researches. There are also possibilities for involving the wider public, cooperating with companies specialized in market research.

R2: After identifying the stages of behavior change the present and potential audiences are, setting up a marketing strategy based on the research results, by focusing on the most important tools taking effect at each stage. The timeline of Figure 2 shows, which sets of promotion tools need to be considered in each stage.

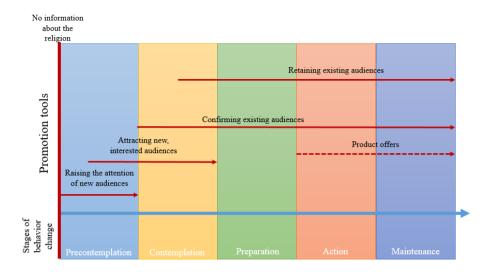


Figure 2 – Recommended timeline of scheduling the promotional activities based on the Transtheoretical Model of Behavior Change (Source: own edition)

R2.1.Precontemplation

As the timeline shows, in the Precontemplation stage tools of raising the attention and attracting new audiences take their effect. The tools of attracting new, interested audiences performed highest in establishing initial contacts, however, those of raising attention did not seem to have reached their goals. At this stage there is a need for development, which can be reached by extending the toolbar, also including new media (e.g. TripAdvisor; Facebook and Instagram advertising), which was mentioned more frequently as an initial contact, that the current elements of raising the attention.

R2.2. Contemplation

The touristic product is a crucial point of the Contemplation stage, which should be kept and maintained by those countries, where they already exist and attract huge audiences; and improved in those, where the farming communities already exist, but lack touristic significance at the moment to be able to benefit

more of utilizing all the elements of the marketing mix of services. It is recommended to countries without rural communities to invest in establishing these kind of institutions, as their benefits are clearly visible.

Also in the countries with successful tourist attractions, improvements may be made in terms of the promotion tools confirming existing audiences, since there are groups, which are less frequently exposed to the existing tools and less engaged to get further involved:

- a) age groups younger than 26 years could be reached more efficiently by putting more emphasis on social media tools other than Facebook (Instagram, YouTube) and introducing new social media platforms, also used by these generations (e.g. TikTok) in the portfolio
- b) age groups of 56 years and older may be reached in the form of online and offline articles providing information and news about the communities continuously

R2.3. Preparation

Currently Preparation phase lacks confirmation, even though the transtheoretical model of behavior change emphasizes its importance at this stage; and also the influence and range of the existing retention tools could be further improved:

- a) the expansion of current and future tools of confirmation, such as the messages of social media tools could be extended to bear more relevance to people in the stage of Preparation, therefore decrease the rate of dropout
- b) since the focal point of this stage is nutrition, product sales and the communication of restaurants fostering the changes in nutrition

patterns should focus their communication more on people in the Preparation phase to make lifestyle changes easier

R2.4. Action and Maintenance

Similarly to the Preparation phase, those at the level of Action and Maintenance should receive more confirmation and be exposed to more means of retention too. Besides maintaining the actions of confirmation and activities supporting nutritional changes, a greater emphasis should be put on education by offering more opportunities in more visible ways, employing the platforms of social media as well.

6. Further research directions

D1: Since the research was carried out with the help of seven farming communities of six countries, whereas there are a total number of eighteen rural communities in fourteen countries, therefore the first step after the completion should be to establish relationship with the Krishna-conscious communities of all the countries with farming communities to increase the volume of the research.

D2: After the completion of the researches on the European continent the same research structure may be extended to countries outside Europe, where Krishna-consciousness is registered as a new religious movement, which includes North- and South America, Australia and Africa as well, but also parts of the Asian continent.

D3: The research was already expanded further on to evaluate not only the marketing activities, but also their effects on the image and the reputation of the religious community.

D4: The complex analysis may further be extended to other religions, not only new religious movements, but also other religions of the world.

7. New scientific results

This chapter summarizes the new scientific results discovered during the research:

- 1. It was discovered that there has been a *shift of focus in terms of product* from religion to touristic destination. When marketing religions, most elements of the marketing mix are determined by the religion, whereas the marketing mix may be freely utilized in the marketing of the touristic destination.
- 2. Based on this it a *two-phase marketing model was identified*: in the first phase the touristic product is the subject of the marketing activities, but after the first visit had happened, the focus shifts back to religion and further institutions are employed too in order to gain more followers.
- 3. The researches have shown that the *Transtheoretical Model of Behavior Change may be applied* to analyze the behavior of people during the process of getting acquainted and engaged with a religion.
- 4. It could also be concluded that *promotion tools of a religious* community may be aligned to the Transtheoretical Model of Behavior Change, distinguishing the promotion tools, which may be applied the most efficiently in each phase.
- 5. It was proved that there is a *significant relationship between the* exposure to the different promotion tools and the stage of behavior change the respondents are in.
- 6. As a conclusion of the previous findings *promotion timeline was created*, which indicates the ideal sets of promotion tools to be applied targeting the audiences in the different stages of behavior change.

8. Publications in the field of the dissertation

Scientific papers in English

Bence-Kiss, K. & Szigeti, O. 2020. Evaluating the two-step marketing model of Krishna Consciousness in Hungary. *Balkans Journal of Emerging Trends in Social Sciences* 3(1)

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